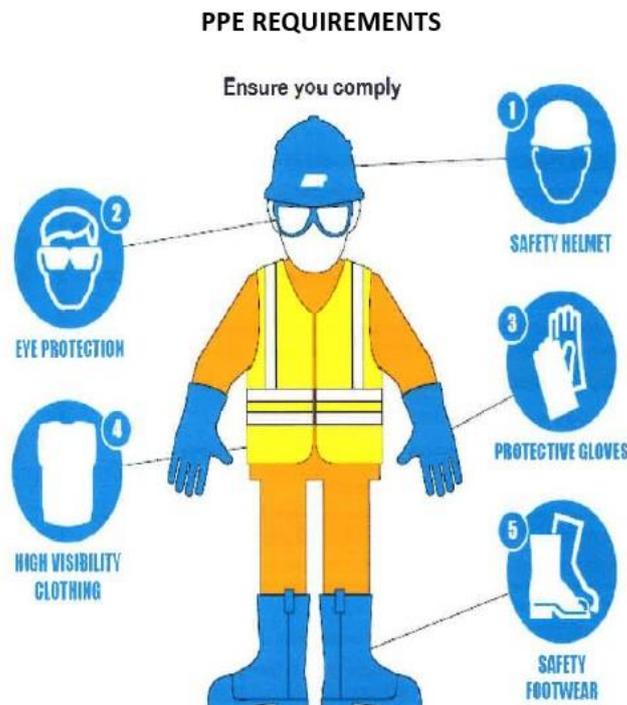


NOTICE TO MARINERS
Lowestoft Harbour – PPE Requirements Quay and Operational Areas

UTC BST

Mariners and Port Users are reminded that ABP operate a 5 point PPE policy in all operational areas and on quayside areas. This requires PPE to be worn as follows:-



Everyone's safety is of paramount importance, and for which we all have a responsibility. Please note that '5 Points' of safety as shown above, **IS MANDATORY IN ALL** operational areas. If you are unable to comply, you must inform the first member of ABP's staff.

Additionally, when working or transiting within 2m of Quay edges, or on ABP commercial pontoons, correctly fitted lifejackets must be worn.

For those boarding or disembarking from moored vessels, an approved gangway must be used. Where there is no gangway rigged due to vessel size or quay/pontoon design, then vessel access must only be undertaken if deemed safe to do so via risk assessment process. In such circumstances lifejackets **must always** be worn.

Please contact Lowestoft Port Control, VHF Ch14, Tel. 01502 572286 (Option 3) if further information is required.

Divisional Harbour Master East Anglia

05 March 2026

Notice to Mariners Currently in Force:

2006 No.5 **2007** No.13 **2009** No.19 **2011** No.7, No.10 **2012** No.3, **2013** No.19, **2015** No.24 **2016** No.12 **2017** No.22, No.24 **2019** No.18 **2020** No.26, No.29, No.47, No.50, **2021** No.51, **2022** No.25 **2024** No. 54 **2025** No11, No.13a, No.19, No.40 **2026** No.1, No.4, No.5, No.6

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