

JANUARY 2026

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TH	06 48	2.5	19 38	2.4	00 43	1.0	13 21	0.8
2 F	07 51	2.5	20 26	2.4	01 46	0.9	14 16	0.8
3 SA ○	08 56	2.5	21 13	2.5	02 47	0.7	15 09	0.8
4 SU	09 54	2.5	22 00	2.6	03 44	0.5	15 59	0.9
5 M	10 47	2.5	22 46	2.6	04 36	0.4	16 44	0.9
6 TU	11 36	2.5	23 30	2.7	05 24	0.3	17 26	0.9
7 W			12 23	2.4	06 10	0.4	18 05	1.0
8 TH	00 13	2.6	13 11	2.2	06 55	0.4	18 43	1.1
9 F	00 55	2.6	14 03	2.1	07 40	0.6	19 20	1.2
10 SA ☾	01 39	2.5	15 07	2.1	08 27	0.7	20 02	1.3
11 SU	02 27	2.4	16 13	2.0	09 21	0.9	20 53	1.3
12 M	03 26	2.3	17 10	2.1	10 25	1.0	22 21	1.4
13 TU	04 43	2.2	18 04	2.1	11 27	1.1	23 54	1.3
14 W	05 53	2.1	18 55	2.2			12 21	1.1
15 TH	07 06	2.1	19 40	2.2	00 55	1.2	13 08	1.1
16 F	08 13	2.2	20 16	2.3	01 46	1.1	13 49	1.1
17 SA	08 58	2.2	20 49	2.4	02 30	1.0	14 27	1.1
18 SU ●	09 33	2.3	21 22	2.4	03 10	0.9	15 04	1.0
19 M	10 06	2.3	21 58	2.5	03 49	0.8	15 41	0.9
20 TU	10 39	2.3	22 35	2.5	04 28	0.7	16 20	0.9
21 W	11 14	2.3	23 12	2.6	05 07	0.6	16 58	0.9
22 TH	11 50	2.3	23 49	2.6	05 46	0.6	17 36	0.9
23 F			12 27	2.3	06 24	0.6	18 13	0.9
24 SA	00 26	2.6	13 06	2.2	07 02	0.6	18 52	1.0
25 SU	01 05	2.6	13 50	2.2	07 42	0.6	19 36	1.0
26 M ☽	01 50	2.5	14 43	2.1	08 29	0.7	20 28	1.1
27 TU	02 43	2.4	16 04	2.1	09 28	0.9	21 33	1.1
28 W	04 01	2.3	17 22	2.1	10 51	1.0	23 10	1.1
29 TH	05 32	2.3	18 22	2.2			12 08	1.0
30 F	06 49	2.3	19 19	2.3	00 33	1.0	13 12	1.0
31 SA	08 04	2.4	20 12	2.4	01 43	0.8	14 13	1.0

Time Zone UT(GMT)

FEBRUARY 2026
LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SU ○	09 04	2.4	21 01	2.5	02 46	0.6	15 06	0.9
2 M	09 51	2.5	21 46	2.6	03 39	0.4	15 51	0.9
3 TU	10 34	2.5	22 28	2.7	04 26	0.3	16 31	0.8
4 W	11 15	2.4	23 09	2.7	05 08	0.3	17 07	0.8
5 TH	11 54	2.3	23 48	2.7	05 47	0.3	17 40	0.9
6 F			12 32	2.2	06 25	0.4	18 12	0.9
7 SA	00 26	2.6	13 08	2.1	07 01	0.6	18 45	1.0
8 SU	01 05	2.5	13 45	2.1	07 37	0.7	19 22	1.1
9 M ☾	01 48	2.3	14 29	2.0	08 15	0.9	20 07	1.2
10 TU	02 42	2.2	15 37	2.0	09 04	1.1	21 06	1.3
11 W	04 04	2.1	16 55	2.0	10 30	1.3	23 15	1.3
12 TH	05 31	2.0	17 57	2.1	11 52	1.3		
13 F	07 00	2.1	18 57	2.1	00 31	1.2	12 48	1.3
14 SA	08 05	2.1	19 46	2.2	01 25	1.0	13 34	1.2
15 SU	08 43	2.2	20 25	2.3	02 11	0.9	14 13	1.1
16 M	09 15	2.3	21 00	2.4	02 51	0.8	14 50	1.0
17 TU ●	09 45	2.3	21 36	2.5	03 29	0.6	15 27	0.9
18 W	10 16	2.4	22 12	2.6	04 08	0.5	16 05	0.8
19 TH	10 49	2.4	22 48	2.6	04 46	0.4	16 42	0.7
20 F	11 24	2.4	23 25	2.7	05 23	0.4	17 18	0.7
21 SA			12 00	2.3	05 59	0.4	17 53	0.8
22 SU	00 02	2.6	12 37	2.3	06 35	0.5	18 30	0.8
23 M	00 42	2.6	13 19	2.2	07 12	0.6	19 13	0.9
24 TU ☾	01 29	2.5	14 08	2.1	07 56	0.8	20 06	1.0
25 W	02 29	2.4	15 16	2.1	08 53	1.0	21 17	1.0
26 TH	04 04	2.2	16 47	2.1	10 34	1.2	23 11	1.0
27 F	05 43	2.2	17 57	2.1			12 04	1.2
28 SA	07 09	2.3	19 03	2.2	00 32	0.8	13 13	1.1

Time Zone UT(GMT)

MARCH 2026

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SU	08 14	2.4	19 58	2.3	01 41	0.7	14 12	1.0
2 M	08 59	2.4	20 44	2.5	02 38	0.5	14 57	0.9
3 TU ○	09 37	2.4	21 26	2.6	03 25	0.4	15 35	0.8
4 W	10 13	2.4	22 06	2.6	04 06	0.3	16 10	0.8
5 TH	10 48	2.4	22 44	2.7	04 43	0.3	16 43	0.7
6 F	11 22	2.3	23 22	2.6	05 18	0.4	17 14	0.8
7 SA	11 54	2.3	23 58	2.5	05 50	0.5	17 44	0.8
8 SU			12 24	2.2	06 20	0.6	18 15	0.9
9 M	00 35	2.4	12 56	2.2	06 50	0.8	18 51	0.9
10 TU	01 17	2.3	13 35	2.1	07 22	1.0	19 33	1.1
11 W ☾	02 09	2.1	14 23	2.1	08 02	1.2	20 27	1.2
12 TH	03 31	2.0	15 30	2.0	08 56	1.3	22 14	1.2
13 F	05 12	2.0	16 58	2.0	11 19	1.4	23 59	1.1
14 SA	06 34	2.0	18 07	2.1			12 26	1.3
15 SU	07 35	2.1	19 04	2.2	00 52	1.0	13 11	1.2
16 M	08 14	2.2	19 49	2.3	01 38	0.8	13 49	1.1
17 TU	08 45	2.3	20 28	2.4	02 19	0.7	14 26	0.9
18 W	09 16	2.3	21 06	2.5	02 59	0.5	15 04	0.8
19 TH ●	09 48	2.4	21 43	2.6	03 38	0.4	15 42	0.7
20 F	10 21	2.4	22 22	2.7	04 17	0.3	16 20	0.6
21 SA	10 57	2.4	23 01	2.7	04 55	0.3	16 58	0.6
22 SU	11 34	2.4	23 42	2.6	05 32	0.4	17 35	0.6
23 M			12 13	2.3	06 09	0.5	18 16	0.7
24 TU	00 27	2.5	12 55	2.2	06 48	0.7	19 03	0.7
25 W ☽	01 21	2.4	13 45	2.2	07 34	0.9	20 01	0.8
26 TH	02 36	2.2	14 52	2.1	08 34	1.2	21 27	0.9
27 F	04 27	2.2	16 17	2.1	10 30	1.3	23 10	0.8
28 SA	05 56	2.2	17 33	2.1	11 57	1.3		
29 SU	07 13	2.3	18 41	2.2	00 22	0.7	13 03	1.2
30 M	08 04	2.3	19 37	2.3	01 25	0.6	13 55	1.1
31 TU	08 42	2.4	20 21	2.4	02 18	0.5	14 36	1.0

Time Zone UT(GMT)

APRIL 2026

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 W	09 15	2.4	21 02	2.5	03 00	0.4	15 12	0.8
2 TH ○	09 47	2.4	21 41	2.6	03 38	0.4	15 46	0.8
3 F	10 19	2.4	22 20	2.5	04 12	0.4	16 18	0.7
4 SA	10 50	2.3	22 57	2.5	04 44	0.5	16 49	0.7
5 SU	11 19	2.3	23 34	2.4	05 14	0.6	17 20	0.7
6 M	11 49	2.3			05 41	0.7	17 51	0.8
7 TU	00 11	2.3	12 20	2.3	06 09	0.9	18 27	0.9
8 W	00 52	2.2	12 58	2.2	06 41	1.0	19 08	0.9
9 TH	01 43	2.1	13 45	2.1	07 21	1.2	20 00	1.0
10 F ☾	03 01	2.0	14 43	2.1	08 12	1.3	21 19	1.1
11 SA	04 46	2.0	15 56	2.0	09 25	1.4	23 14	1.0
12 SU	05 54	2.1	17 17	2.1	11 36	1.4		
13 M	06 50	2.1	18 18	2.2	00 08	0.9	12 27	1.2
14 TU	07 33	2.2	19 07	2.3	00 55	0.7	13 10	1.1
15 W	08 09	2.3	19 50	2.4	01 39	0.6	13 51	1.0
16 TH	08 43	2.4	20 32	2.5	02 22	0.5	14 33	0.8
17 F ●	09 17	2.4	21 14	2.6	03 05	0.4	15 15	0.7
18 SA	09 54	2.4	21 57	2.6	03 46	0.3	15 57	0.6
19 SU	10 32	2.4	22 42	2.6	04 27	0.4	16 40	0.6
20 M	11 11	2.4	23 30	2.6	05 07	0.5	17 23	0.5
21 TU	11 53	2.4			05 48	0.6	18 10	0.6
22 W	00 23	2.5	12 39	2.3	06 32	0.8	19 03	0.6
23 TH	01 27	2.3	13 32	2.2	07 22	1.1	20 08	0.7
24 F ☽	02 57	2.2	14 36	2.2	08 25	1.3	21 34	0.7
25 SA	04 30	2.2	15 51	2.2	10 09	1.4	22 53	0.6
26 SU	05 46	2.2	17 05	2.2	11 29	1.3	23 58	0.6
27 M	06 51	2.3	18 11	2.2			12 33	1.2
28 TU	07 40	2.3	19 07	2.3	00 56	0.5	13 25	1.1
29 W	08 17	2.3	19 54	2.4	01 47	0.5	14 08	1.0
30 TH	08 49	2.3	20 37	2.4	02 29	0.5	14 45	0.9

Time Zone UT(GMT)

MAY 2026

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 F ○	09 20	2.3	21 18	2.4	03 05	0.6	15 20	0.8
2 SA	09 50	2.4	21 59	2.4	03 39	0.6	15 55	0.7
3 SU	10 20	2.4	22 37	2.3	04 10	0.7	16 28	0.7
4 M	10 49	2.4	23 15	2.3	04 39	0.8	17 00	0.7
5 TU	11 19	2.4	23 54	2.2	05 07	0.9	17 33	0.8
6 W	11 53	2.3			05 36	1.0	18 09	0.8
7 TH	00 35	2.1	12 31	2.3	06 11	1.1	18 52	0.9
8 F	01 23	2.1	13 17	2.2	06 53	1.2	19 43	0.9
9 SA ☾	02 26	2.0	14 10	2.2	07 43	1.3	20 49	0.9
10 SU	04 05	2.0	15 09	2.1	08 44	1.4	22 14	0.9
11 M	05 11	2.1	16 18	2.1	10 06	1.4	23 19	0.8
12 TU	06 04	2.1	17 27	2.2	11 27	1.3		
13 W	06 50	2.2	18 23	2.3	00 10	0.7	12 23	1.1
14 TH	07 31	2.3	19 13	2.4	00 58	0.6	13 13	1.0
15 F	08 10	2.4	20 01	2.5	01 46	0.5	14 02	0.9
16 SA ●	08 49	2.4	20 49	2.5	02 32	0.4	14 50	0.7
17 SU	09 29	2.5	21 39	2.6	03 18	0.4	15 39	0.6
18 M	10 10	2.5	22 32	2.6	04 04	0.5	16 28	0.5
19 TU	10 53	2.5	23 27	2.5	04 49	0.6	17 18	0.4
20 W	11 39	2.5			05 34	0.8	18 09	0.4
21 TH	00 26	2.4	12 28	2.4	06 21	0.9	19 05	0.4
22 F	01 32	2.3	13 20	2.4	07 11	1.1	20 07	0.5
23 SA ☽	02 52	2.2	14 17	2.3	08 08	1.2	21 16	0.5
24 SU	04 10	2.2	15 21	2.3	09 23	1.3	22 24	0.6
25 M	05 17	2.2	16 30	2.3	10 42	1.3	23 24	0.6
26 TU	06 16	2.2	17 36	2.3	11 49	1.3		
27 W	07 07	2.2	18 35	2.3	00 20	0.6	12 46	1.2
28 TH	07 48	2.2	19 28	2.3	01 10	0.7	13 36	1.1
29 F	08 23	2.3	20 17	2.3	01 53	0.7	14 19	0.9
30 SA	08 55	2.3	21 03	2.3	02 32	0.8	14 59	0.9
31 SU ○	09 25	2.4	21 46	2.3	03 07	0.8	15 36	0.8

Time Zone UT(GMT)

JUNE 2026

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 M	09 54	2.4	22 26	2.2	03 39	0.9	16 12	0.7
2 TU	10 25	2.4	23 04	2.2	04 09	0.9	16 47	0.7
3 W	10 58	2.4	23 42	2.2	04 40	0.9	17 22	0.7
4 TH	11 34	2.4			05 14	1.0	18 00	0.7
5 F	00 21	2.1	12 13	2.4	05 52	1.0	18 42	0.8
6 SA	01 03	2.1	12 56	2.3	06 33	1.1	19 28	0.8
7 SU	01 51	2.1	13 42	2.3	07 20	1.2	20 20	0.8
8 M ☾	02 49	2.1	14 31	2.3	08 12	1.2	21 20	0.8
9 TU	04 15	2.1	15 25	2.3	09 12	1.3	22 25	0.8
10 W	05 17	2.1	16 32	2.3	10 23	1.3	23 26	0.7
11 TH	06 08	2.2	17 42	2.3	11 37	1.2		
12 F	06 55	2.3	18 41	2.4	00 22	0.7	12 39	1.1
13 SA	07 39	2.3	19 37	2.4	01 14	0.6	13 36	0.9
14 SU	08 23	2.4	20 34	2.5	02 06	0.6	14 32	0.7
15 M ●	09 08	2.5	21 33	2.5	02 58	0.6	15 28	0.6
16 TU	09 54	2.5	22 31	2.5	03 48	0.7	16 22	0.4
17 W	10 40	2.6	23 26	2.5	04 37	0.8	17 14	0.3
18 TH	11 27	2.6			05 23	0.8	18 05	0.3
19 F	00 20	2.4	12 14	2.6	06 09	0.9	18 56	0.3
20 SA	01 17	2.3	13 02	2.6	06 54	1.1	19 49	0.4
21 SU ☾	02 22	2.2	13 51	2.5	07 40	1.2	20 44	0.5
22 M	03 34	2.2	14 45	2.4	08 31	1.3	21 44	0.6
23 TU	04 37	2.1	15 49	2.3	09 36	1.3	22 45	0.7
24 W	05 34	2.1	16 59	2.2	10 57	1.3	23 42	0.8
25 TH	06 27	2.2	18 04	2.2			12 08	1.2
26 F	07 16	2.2	19 09	2.2	00 34	0.9	13 07	1.1
27 SA	07 57	2.3	20 11	2.2	01 21	1.0	13 58	1.0
28 SU	08 33	2.3	21 02	2.2	02 03	1.0	14 43	0.9
29 M ○	09 04	2.4	21 43	2.2	02 41	1.0	15 23	0.8
30 TU	09 34	2.4	22 20	2.2	03 15	1.0	16 00	0.8

Time Zone UT(GMT)

JULY 2026

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 W	10 07	2.5	22 53	2.2	03 48	1.0	16 37	0.7
2 TH	10 42	2.5	23 27	2.2	04 22	1.0	17 13	0.7
3 F	11 19	2.5			04 59	1.0	17 50	0.7
4 SA	00 01	2.2	11 56	2.5	05 37	1.0	18 29	0.7
5 SU	00 38	2.2	12 34	2.5	06 16	1.0	19 07	0.7
6 M	01 17	2.2	13 14	2.5	06 57	1.1	19 49	0.7
7 TU ☾	02 01	2.1	13 56	2.4	07 41	1.1	20 36	0.7
8 W	02 56	2.1	14 45	2.4	08 32	1.2	21 32	0.8
9 TH	04 17	2.1	15 47	2.4	09 33	1.2	22 43	0.8
10 F	05 26	2.2	17 09	2.3	10 54	1.2	23 52	0.8
11 SA	06 20	2.2	18 20	2.4			12 14	1.1
12 SU	07 12	2.3	19 27	2.4	00 52	0.8	13 20	0.9
13 M	08 02	2.4	20 34	2.4	01 50	0.8	14 23	0.7
14 TU ●	08 52	2.5	21 34	2.5	02 46	0.8	15 22	0.5
15 W	09 39	2.6	22 27	2.5	03 39	0.8	16 16	0.4
16 TH	10 25	2.7	23 15	2.5	04 26	0.8	17 05	0.2
17 F	11 10	2.7			05 10	0.9	17 51	0.2
18 SA	00 01	2.4	11 53	2.7	05 50	0.9	18 36	0.3
19 SU	00 47	2.3	12 37	2.7	06 29	1.0	19 19	0.4
20 M	01 36	2.2	13 21	2.6	07 07	1.1	20 04	0.6
21 TU ☽	02 33	2.1	14 08	2.5	07 48	1.2	20 53	0.8
22 W	03 41	2.1	15 06	2.3	08 36	1.3	21 53	0.9
23 TH	04 41	2.1	16 24	2.2	09 49	1.3	23 01	1.1
24 F	05 37	2.1	17 39	2.1	11 33	1.3		
25 SA	06 34	2.2	19 02	2.1	00 02	1.1	12 44	1.2
26 SU	07 26	2.2	20 11	2.2	00 56	1.2	13 42	1.1
27 M	08 08	2.3	20 56	2.2	01 44	1.2	14 29	0.9
28 TU	08 42	2.4	21 31	2.3	02 24	1.1	15 08	0.8
29 W ○	09 14	2.5	22 02	2.3	02 59	1.1	15 44	0.7
30 TH	09 47	2.5	22 32	2.3	03 33	1.0	16 20	0.7
31 F	10 22	2.6	23 03	2.3	04 08	0.9	16 55	0.6

Time Zone UT(GMT)

AUGUST 2026**LOWESTOFT**

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SA	10 57	2.6	23 35	2.3	04 43	0.9	17 30	0.6
2 SU	11 33	2.6			05 19	0.9	18 05	0.6
3 M	00 09	2.3	12 08	2.6	05 56	0.9	18 40	0.6
4 TU	00 45	2.3	12 45	2.6	06 32	1.0	19 16	0.7
5 W	01 25	2.2	13 26	2.5	07 13	1.0	19 57	0.7
6 TH ☾	02 12	2.2	14 15	2.5	08 01	1.1	20 48	0.9
7 F	03 15	2.2	15 21	2.4	09 00	1.2	22 00	1.0
8 SA	04 42	2.2	16 57	2.3	10 28	1.2	23 32	1.1
9 SU	05 49	2.2	18 19	2.3			12 03	1.0
10 M	06 48	2.3	19 36	2.4	00 41	1.1	13 13	0.9
11 TU	07 44	2.4	20 40	2.5	01 43	1.0	14 18	0.6
12 W ●	08 35	2.5	21 29	2.5	02 40	1.0	15 15	0.5
13 TH	09 22	2.7	22 12	2.5	03 29	0.9	16 03	0.3
14 F	10 05	2.8	22 53	2.5	04 11	0.9	16 47	0.2
15 SA	10 48	2.8	23 33	2.4	04 49	0.8	17 28	0.2
16 SU	11 29	2.8			05 25	0.8	18 06	0.3
17 M	00 12	2.3	12 09	2.7	06 00	0.9	18 43	0.5
18 TU	00 50	2.3	12 49	2.6	06 35	1.0	19 20	0.7
19 W	01 29	2.2	13 34	2.5	07 12	1.1	19 58	0.9
20 TH ☽	02 13	2.2	14 28	2.3	07 57	1.2	20 44	1.1
21 F	03 14	2.1	15 53	2.2	08 56	1.3	21 59	1.3
22 SA	04 31	2.1	17 21	2.1	11 02	1.3	23 36	1.4
23 SU	05 35	2.2	18 51	2.1			12 21	1.2
24 M	06 37	2.2	19 55	2.2	00 38	1.3	13 18	1.1
25 TU	07 31	2.3	20 35	2.3	01 28	1.3	14 03	0.9
26 W	08 10	2.4	21 06	2.3	02 07	1.2	14 42	0.8
27 TH	08 45	2.5	21 34	2.4	02 40	1.1	15 17	0.7
28 F ○	09 19	2.6	22 02	2.4	03 12	1.0	15 52	0.6
29 SA	09 54	2.7	22 33	2.4	03 47	0.9	16 27	0.5
30 SU	10 30	2.7	23 05	2.4	04 22	0.8	17 02	0.5
31 M	11 05	2.7	23 40	2.4	04 58	0.8	17 36	0.5

Time Zone UT(GMT)

SEPTEMBER 2026
LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TU	11 42	2.7			05 33	0.9	18 10	0.6
2 W	00 16	2.4	12 20	2.6	06 10	0.9	18 46	0.7
3 TH	00 55	2.3	13 04	2.6	06 51	1.0	19 26	0.8
4 F ☾	01 41	2.3	13 59	2.4	07 40	1.0	20 17	1.0
5 SA	02 40	2.2	15 19	2.3	08 45	1.1	21 32	1.2
6 SU	04 02	2.2	17 07	2.3	10 30	1.1	23 24	1.3
7 M	05 20	2.3	18 32	2.4	11 58	0.9		
8 TU	06 26	2.3	19 43	2.4	00 35	1.2	13 06	0.7
9 W	07 24	2.5	20 33	2.5	01 37	1.2	14 08	0.6
10 TH	08 14	2.6	21 13	2.5	02 28	1.1	14 59	0.4
11 F ●	08 58	2.7	21 50	2.5	03 11	1.0	15 42	0.3
12 SA	09 41	2.8	22 26	2.5	03 48	0.9	16 21	0.3
13 SU	10 22	2.8	23 02	2.5	04 24	0.8	16 58	0.4
14 M	11 02	2.8	23 37	2.4	04 59	0.8	17 32	0.5
15 TU	11 42	2.7			05 32	0.9	18 05	0.7
16 W	00 10	2.4	12 21	2.5	06 06	0.9	18 36	0.9
17 TH	00 43	2.3	13 04	2.4	06 43	1.0	19 09	1.1
18 F ☽	01 21	2.3	13 58	2.2	07 25	1.1	19 47	1.3
19 SA	02 08	2.2	15 28	2.1	08 20	1.2	20 38	1.4
20 SU	03 12	2.2	17 00	2.1	10 21	1.3	23 01	1.5
21 M	04 35	2.2	18 19	2.2	11 48	1.2		
22 TU	05 44	2.2	19 21	2.2	00 11	1.5	12 40	1.0
23 W	06 41	2.3	20 01	2.3	00 57	1.4	13 24	0.9
24 TH	07 27	2.4	20 31	2.4	01 34	1.2	14 03	0.8
25 F	08 07	2.5	20 59	2.4	02 07	1.1	14 40	0.7
26 SA ○	08 44	2.6	21 29	2.5	02 42	1.0	15 17	0.6
27 SU	09 22	2.7	22 01	2.5	03 19	0.9	15 54	0.5
28 M	10 00	2.7	22 36	2.5	03 57	0.8	16 30	0.5
29 TU	10 39	2.7	23 12	2.5	04 35	0.8	17 07	0.5
30 W	11 19	2.7	23 50	2.5	05 13	0.8	17 43	0.6

Time Zone UT(GMT)

OCTOBER 2026

LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TH			12 03	2.6	05 53	0.8	18 21	0.8
2 F	00 31	2.4	12 53	2.5	06 39	0.9	19 04	1.0
3 SA ☾	01 19	2.3	13 59	2.4	07 34	0.9	19 58	1.2
4 SU	02 19	2.3	15 42	2.3	08 49	1.0	21 21	1.4
5 M	03 35	2.3	17 17	2.3	10 32	0.9	23 12	1.4
6 TU	04 53	2.3	18 33	2.4	11 46	0.8		
7 W	06 01	2.4	19 32	2.5	00 20	1.3	12 49	0.7
8 TH	06 59	2.5	20 15	2.5	01 18	1.2	13 46	0.6
9 F	07 48	2.6	20 50	2.5	02 05	1.1	14 33	0.5
10 SA ●	08 33	2.7	21 23	2.5	02 46	1.0	15 14	0.5
11 SU	09 16	2.7	21 57	2.5	03 23	0.9	15 51	0.5
12 M	09 57	2.7	22 31	2.5	03 59	0.8	16 25	0.6
13 TU	10 38	2.6	23 03	2.5	04 34	0.8	16 57	0.7
14 W	11 18	2.5	23 34	2.4	05 08	0.8	17 27	0.8
15 TH	11 58	2.4			05 42	0.9	17 55	1.0
16 F	00 06	2.4	12 41	2.3	06 18	1.0	18 26	1.1
17 SA	00 43	2.4	13 33	2.2	07 00	1.0	19 04	1.3
18 SU ☾	01 29	2.3	14 56	2.1	07 51	1.1	19 52	1.4
19 M	02 25	2.3	16 29	2.1	09 11	1.2	20 55	1.5
20 TU	03 34	2.2	17 35	2.2	11 00	1.1	23 10	1.5
21 W	04 51	2.2	18 31	2.2	11 53	1.0		
22 TH	05 52	2.3	19 15	2.3	00 05	1.4	12 37	0.9
23 F	06 42	2.4	19 50	2.4	00 47	1.3	13 18	0.8
24 SA	07 27	2.5	20 23	2.4	01 27	1.1	13 59	0.7
25 SU	08 08	2.6	20 56	2.5	02 08	1.0	14 39	0.6
26 M ○	08 50	2.7	21 31	2.5	02 50	0.9	15 20	0.5
27 TU	09 33	2.7	22 08	2.6	03 33	0.8	16 00	0.5
28 W	10 17	2.7	22 47	2.6	04 16	0.7	16 41	0.6
29 TH	11 04	2.7	23 29	2.5	05 00	0.7	17 22	0.7
30 F	11 55	2.6			05 46	0.7	18 04	0.9
31 SA	00 13	2.5	12 54	2.5	06 39	0.7	18 52	1.1

Time Zone UT(GMT)

NOVEMBER 2026
LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 SU ☾	01 04	2.4	14 09	2.3	07 39	0.8	19 48	1.3
2 M	02 03	2.4	15 50	2.3	08 56	0.8	21 06	1.4
3 TU	03 11	2.4	17 08	2.3	10 16	0.7	22 41	1.4
4 W	04 24	2.4	18 13	2.4	11 23	0.7	23 49	1.4
5 TH	05 32	2.4	19 07	2.4			12 22	0.6
6 F	06 31	2.5	19 49	2.4	00 46	1.3	13 15	0.6
7 SA	07 22	2.5	20 24	2.4	01 36	1.1	14 01	0.6
8 SU	08 09	2.6	20 57	2.5	02 19	1.0	14 42	0.7
9 M ●	08 54	2.6	21 30	2.5	02 59	0.9	15 18	0.7
10 TU	09 38	2.5	22 02	2.5	03 37	0.8	15 52	0.8
11 W	10 21	2.5	22 33	2.5	04 14	0.8	16 23	0.9
12 TH	11 02	2.4	23 04	2.5	04 49	0.8	16 52	1.0
13 F	11 42	2.3	23 37	2.5	05 24	0.9	17 21	1.1
14 SA			12 24	2.2	06 00	0.9	17 54	1.2
15 SU	00 14	2.4	13 10	2.2	06 41	1.0	18 34	1.3
16 M	00 59	2.4	14 08	2.1	07 30	1.0	19 21	1.4
17 TU ☾	01 50	2.3	15 37	2.1	08 29	1.0	20 16	1.4
18 W	02 46	2.3	16 47	2.1	09 46	1.0	21 23	1.5
19 TH	03 49	2.3	17 40	2.2	10 55	1.0	22 47	1.4
20 F	04 59	2.3	18 27	2.3	11 47	0.9	23 54	1.3
21 SA	05 57	2.4	19 08	2.3			12 35	0.8
22 SU	06 48	2.4	19 47	2.4	00 46	1.2	13 20	0.7
23 M	07 36	2.5	20 25	2.5	01 35	1.0	14 05	0.6
24 TU ○	08 24	2.6	21 05	2.5	02 24	0.9	14 51	0.6
25 W	09 13	2.6	21 45	2.6	03 13	0.8	15 36	0.6
26 TH	10 05	2.6	22 28	2.6	04 02	0.7	16 22	0.7
27 F	10 59	2.6	23 14	2.6	04 53	0.6	17 08	0.8
28 SA	11 56	2.5			05 45	0.5	17 54	1.0
29 SU	00 01	2.6	12 55	2.4	06 39	0.5	18 43	1.1
30 M	00 52	2.5	14 04	2.3	07 37	0.6	19 34	1.3

Time Zone UT(GMT)

DECEMBER 2026
LOWESTOFT

Date	HEIGHTS ABOVE CHART DATUM							
	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 TU ☾	01 45	2.5	15 30	2.3	08 41	0.6	20 34	1.4
2 W	02 43	2.5	16 41	2.3	09 47	0.6	21 49	1.4
3 TH	03 50	2.4	17 41	2.3	10 51	0.7	23 04	1.4
4 F	05 01	2.4	18 34	2.3	11 49	0.7		
5 SA	06 03	2.4	19 20	2.3	00 08	1.3	12 42	0.8
6 SU	07 00	2.4	19 59	2.4	01 06	1.2	13 29	0.8
7 M	07 54	2.4	20 34	2.4	01 56	1.1	14 12	0.9
8 TU	08 45	2.4	21 07	2.5	02 40	0.9	14 50	0.9
9 W ●	09 32	2.4	21 39	2.5	03 21	0.9	15 25	1.0
10 TH	10 14	2.3	22 10	2.5	04 00	0.8	15 56	1.0
11 F	10 53	2.3	22 42	2.5	04 37	0.8	16 26	1.0
12 SA	11 30	2.3	23 17	2.5	05 13	0.8	16 57	1.1
13 SU	12 06	2.2	23 55	2.5	05 49	0.8	17 33	1.1
14 M			12 45	2.2	06 27	0.8	18 12	1.1
15 TU	00 36	2.5	13 26	2.1	07 09	0.9	18 56	1.2
16 W	01 20	2.4	14 14	2.1	07 54	0.9	19 43	1.3
17 TH ☾	02 06	2.4	15 21	2.1	08 46	0.9	20 37	1.3
18 F	02 57	2.3	16 44	2.1	09 48	0.9	21 40	1.3
19 SA	03 57	2.3	17 40	2.2	10 54	0.9	22 58	1.3
20 SU	05 12	2.3	18 28	2.3	11 54	0.8		
21 M	06 15	2.4	19 14	2.3	00 09	1.2	12 48	0.8
22 TU	07 12	2.4	19 59	2.4	01 08	1.0	13 39	0.8
23 W	08 08	2.5	20 43	2.5	02 04	0.9	14 30	0.8
24 TH ○	09 06	2.5	21 28	2.5	03 00	0.7	15 21	0.8
25 F	10 03	2.6	22 14	2.6	03 55	0.5	16 11	0.8
26 SA	10 58	2.6	23 01	2.7	04 49	0.4	16 58	0.8
27 SU	11 50	2.5	23 48	2.7	05 40	0.3	17 44	0.9
28 M			12 42	2.4	06 30	0.3	18 27	1.0
29 TU	00 34	2.7	13 36	2.3	07 20	0.4	19 11	1.1
30 W ☾	01 21	2.6	14 45	2.2	08 12	0.5	19 57	1.2
31 TH	02 12	2.5	15 59	2.1	09 08	0.6	20 51	1.3

Time Zone UT(GMT)

LOWESTOFT

British Summer Time: 01:00 29 March 2026 – 01:00 25 October 2026